

INTRODUCTION



# Why Home Care?

[WWW.PURESOULCARE.CO.UK](http://WWW.PURESOULCARE.CO.UK)





# WHAT IS HOME CARE & WHO IS IT FOR?

Home care allows individuals to receive personalized support while remaining in the comfort of their own home. It is an alternative to care homes and is ideal for:



Seniors needing daily assistance



Individuals recovering from surgery or illness



People with dementia or Alzheimer's



Anyone needing companionship and emotional support



# HOW DOES HOME CARE COMPARE TO CARE HOMES?

HOME CARE



CARE HOMES

## INDEPENDENCE

Clients stay in their own homes

Must adapt to a shared environment

## PERSONALIZATION

1-on-1 personalized care

Shared care with multiple residents

## COST

Flexible, pay for what you need  
Fixed

usually more expensive



HOME CARE



CARE HOMES

## FAMILY INVOLVEMENT

Families can stay  
involved in care

Limited family  
interaction

90%

of seniors prefer staying at home  
rather than moving to a care  
home.

**Source: Age UK**





# SIGNS YOUR LOVED ONE MAY NEED HOME CARE



Struggling with daily  
tasks (cooking,  
dressing, hygiene)



Increased forgetfulness  
or confusion



Limited mobility or risk  
of falls



Feelings of loneliness  
or depression





# STEP 1

## UNDERSTANDING HOME CARE SERVICES

### Types of Home Care Services Available:

1

#### Personal Care Assistance

Help with dressing, bathing, and hygiene

2

#### Companionship & Emotional Support

Prevents loneliness, improves mental well-being

3

#### Live-In & 24/7 Home Support

Full-time care for those needing constant supervision

4

#### Dementia & Alzheimer's Care

Specialized care for memory conditions



# Types of Home Care Services Available:

5

## Respite & Emergency Care

Short-term support to relieve family caregivers

6

## Mobility Assistance & Medication Support

Ensuring safe movement and medication management





# SELF-ASSESSMENT QUIZ

## Which Care is Right for You?

- Do you or your loved one need help with daily tasks like bathing, dressing, or grooming? ☐
- Are feelings of loneliness or social isolation a concern? ☐
- Does your loved one require 24/7 supervision due to a medical condition or mobility issues? ☐
- Has your loved one been diagnosed with dementia or Alzheimer's and needs specialized care? ☐
- Is assistance needed with walking, transferring from bed to chair, or using mobility aids? ☐



# STEP 2

## HOW TO ORGANIZE CARE AT HOME

### PRIVATE CARE

Families hire an  
independent caregiver  
directly  
(More control, but  
requires managing  
payroll, scheduling)



### AGENCY CARE

A professional agency like  
**Pure Soul Care** manages  
everything  
(More reliable, caregivers  
are vetted and trained)



# HOW TO HIRE A RELIABLE CAREGIVER

1

Background checks  
& references

2

Experience with  
elderly or  
dementia care

3

First Aid &  
emergency  
response training

4

Compatibility with the  
client's personality &  
needs





# COSTS & FUNDING OPTIONS

1

**Private Pay:**

Direct payments from family savings

2

**NHS & Local Authority Support:**

Some home care services may qualify for funding

3

**Care Insurance & Benefits:**

Attendance Allowance, Personal Independence Payments (PIP)





## What to Look for in a Care Provider ?

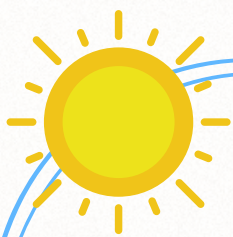
- Is the care provider licensed, certified, and insured? ☐
- Do they offer the specific type of care needed (e.g., personal care, dementia care, live-in support)? ☐
- Is the agency available for emergency or respite care if needed? ☐
- Can they provide references or client testimonials? ☐
- Are their services flexible, allowing for changes in care needs over time? ☐



# STEP 3

## WHAT TO EXPECT WHEN A CAREGIVER ARRIVES

### DAILY ROUTINES & SCHEDULING CARE



#### Morning Assistance

Getting up, dressing,  
breakfast



#### Evening Routine

Dinner, relaxation,  
bedtime



#### Midday Support

Medication, meals,  
activities





# HOME SAFETY & ADAPTATIONS FOR ELDERLY CARE



- Install grab rails in bathrooms
- Keep frequently used items within reach
- Good lighting to prevent falls



# STEP 4

## MANAGING CARE AT HOME BEST PRACTICES

### HOW TO SUPPORT A LOVED ONE EMOTIONALLY



**Encourage social  
activities**



**Maintain family  
communication**



**Respect their  
independence**



# HANDLING EMERGENCIES & UNEXPECTED SITUATIONS

- Have a list of emergency contacts
- Keep a medication & health record accessible
- Plan for unexpected hospital visits





# ENSURING INFECTION CONTROL & SAFETY PRECAUTIONS

Follow strict hygiene guidelines  
(hand washing,  
disinfecting surfaces)

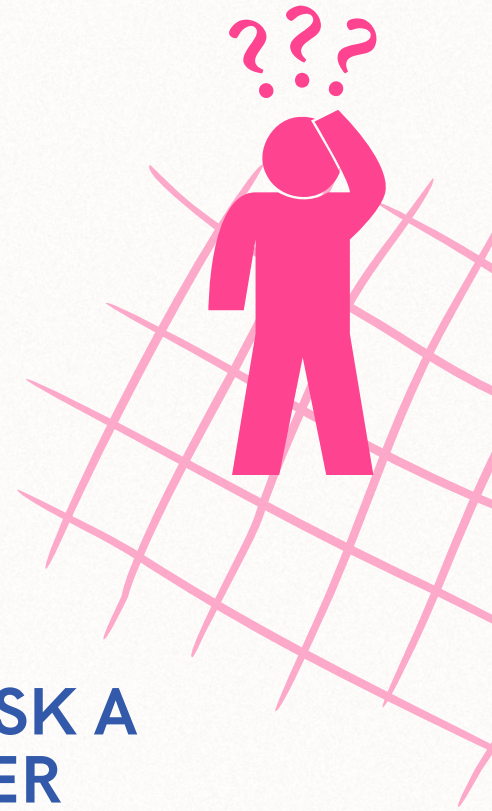
Maintain a COVID-19  
safety plan





# STEP 5

HOW TO MAKE THE  
**BEST DECISION** FOR  
YOUR LOVED ONE



## TOP 5 QUESTIONS TO ASK A HOME CARE PROVIDER

What services are  
included in your care  
plans?

Are caregivers trained in  
dementia & mobility  
support?

How do you match  
caregivers with clients?

What safety measures do  
you follow?

How flexible is your care  
scheduling?



# REAL-LIFE SUCCESS STORIES FROM FAMILIES



“Pure Soul Care has been a lifesaver!  
My mother feels safe and comfortable,  
and we have peace of mind knowing  
she’s in good hands.”



Sarah J





# STILL UNSURE ABOUT THE RIGHT CARE PLAN?



**Book a FREE Care  
Consultation with  
Pure Soul Care!**



Get **Personalized  
Recommendations** for  
Your Loved One



# Call Us Today

**01189 507 009**

[www.puresoulcare.co.uk](http://www.puresoulcare.co.uk)

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